

# Boomer's Food Drive

April 30th – May 5th

From 9:00am - 9:00pm

<http://www.foodbankcenc.org/goto/Boomer>

“A Season of Service”



Sports Training

Learn how to Do it Right

Play Smart

Prevent injuries

Develop a Career

Go Pro

Call Allen

(919) 522-9463

## Benefiting:

Over 500,000 North Carolinians  
34 counties, 29% Children, 30%  
working poor, and the  
Food Bank of  
Central & Eastern  
North Carolina

## The Need:

Hunger is a serious problem among the 500,000 people in 34 counties served by the Food Bank of Central & Eastern NC. **Nearly 29% children, 8% elderly, 30% “working poor”** In 2009-2010 the Food Bank Distributed more than 41.5 million pounds of food and essential non-food items.

We are the \_\_\_\_\_ family and we live at \_\_\_\_\_.

Please place any food items your family would like to donate in a bag and leave it outside by your garage door.

We will be by to pick-up your donations on \_\_\_\_\_ (date and Time)

So that we can deliver it to the Food Bank of Central & Eastern NC . Or Bring your Donations to any Site Boomer is at during the drive to Play or watch us play boomer in a contest of Tennis Player against Machine ! Thank you!!!!

## Food Bank Most Needed Items:

(Please NO Glass)

5 U.S. TONS  
11,200 lbs  
Of Food



**Canned Meals:** Stews, Soups, Tuna, Ravioli, Lasagna, etc. (pop-tops a plus!)

**Peanut Butter, Canned Vegetables**

**Grains:** Cereal, Rice, Pasta and Dried Beans

**Fruits:** Fruit cups, Dried Fruit, Applesauce, 100% Juice and Juice Boxes

**Kid Friendly Items:** Granola Bars, Popcorn, Graham or Animal Crackers,

Fat-free/Sugar free Pudding Cups

**Baby Products:** Diapers, Wipes, Formula, Infant Cereal

**Hygiene Items:** Toilet Paper, Paper Towels, etc.

(Please – No loose glass and plastic jars of baby food, as they will have to be discarded due to health regulations)

Call Coach Gibson 919-522-9463 with questions or  
Go to: <http://www.DoltRightSports.com>

**THANK YOU IN ADVANCE FOR YOUR KIND SUPPORT!**

Can Wake Forest Bring together more food than Raleigh

Wake Forest  
0 meals 0 lbs

Raleigh  
2948 meals 3435 lbs.



# Food Bank of Central and Eastern NC Boomer Food Drive

**Can you beat the machine? Special guest star from Allen's own private court, Boomer, has yet to be beaten at the 7.0 level single match play and is looking for new opponents this year.**

Make a cash or product donation and you can play Boomer at any level for a Half Hour and join a half hour demo class.

Pre-registration is required and can be done online at [www.DoltRightSports.com](http://www.DoltRightSports.com)

Where:	<a href="#">Brier Creek</a>	<a href="#">Stone Gate</a>	<a href="#">Heritage HS</a>	<a href="#">Hasentree</a>	<a href="#">Flaherty Park</a>	<a href="#">Wakefield Plantation</a>
When :	Mon 4/30	Tues 5/1	Tues 5/1 - Thur 5/3	Wed 5/2 - Thur 5/3	Fri 5/4	Sat 5/5
Time	9:00am - 9 :00pm	5:00pm - 9:00pm	7:20am - 2:15pm	4:00pm - 9:00pm	8:00am - 9:00pm	2:00pm 9:00pm
When					Sat 5/5	
Time:					8:00am - 12:00pm	

**Cost:** Donation of food or money for the FBCENC

*Help feed the hungry and strengthen yourself at the same time*

*Help us beat last year's goal of last year's total of 1 US Ton!*

For more information on Tennis Programs,

contact : Allen at (919) 522 - 9463